



## Ethi-call—a free service supporting people facing difficult decisions

If you are facing a difficult decision, and are not sure which way you should go—there's someone you can talk to. Our trained Ethi-call counsellors can help you explore your dilemma, supporting you to reach a solution that fits with your circumstances, principles and values. Ethi-call is a FREE and confidential telephone service open Monday to Friday 9am–5pm by appointment.

The sessions last up to one hour and are as confidential and anonymous as you want them to be. You don't have to give your real name or the name of any organisation involved. St James Ethics Centre has no religious or political affiliations, so it offers a truly non-judgemental space for you to explore all aspects of your dilemma from an ethical perspective and work out a way to move forward.

### Who calls Ethi-call?

Anyone facing an ethical dilemma. And that can come from any kind of situation we face in life—from personal dilemmas of choice to the complex relationships inherent in families, social interactions and of course those that can arise in business, government and not-for-profit organisations.

### What do people call about?

The issues and challenges our callers face originate from down-to-earth, everyday experiences. For example, 'What ought I do when I'm facing a situation where everything I do seems wrong?', 'What if I have to choose between loyalty to my family and loyalty to work?', 'What if I believe someone in my organisation has done the wrong thing—should I do anything?', 'What if my care and concern for one person conflicts with that of another?', 'What if I'm not even sure that I have a conflict of interest?'

### What happens in the counselling session?

Ethi-call can help you recognise the ethical dimensions involved in your situation and help you clarify them. Ethi-call counsellors don't give any advice or tell you what is the 'ethical' thing to do—they provide a space for you to fully explore your situation so you can make the best decision in line with your own values and principles.

### St James Ethics Centre

Established in 1989, St James Ethics Centre is an independent, not-for-profit organisation serving as a catalyst and enabler for society to think, debate and act in good conscience, particularly in the face of uncertainty and ambiguity. Operating both in Australia and abroad, the Ethics Centre is unique in the world for its support to the general community on ethical issues, creation and management of public debates and application of ethical principles to specific issues in public institutions, not-for-profits and companies. The relief of suffering and distress is the cornerstone of St James Ethics Centre's activities.

Visit our website for more information: <http://www.ethics.org.au/>

**Ethi-call—1800 672 303—free and confidential**